

# Senior Depression & Suicide

## Know the Facts

**55%** of adults 60+ report suffering from **Chronic Pain**



**85%** of chronic pain sufferers are affected by **Severe Depression**



Depression and chronic pain in the elderly: links and management challenges.  
Clinical Interventions in Aging, 21 April 2017, Dove Press / US National Library of Medicine/National Institutes of Health, April 21, 2017

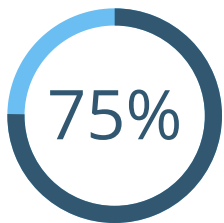
Seniors Have the  
Highest Suicide Rate

85+ Highest  
75-85 2nd Highest

**4:1**

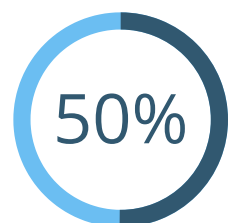
Older adults' suicide attempts are more lethal. For those 65 and older, there is **ONE** suicide for every **FOUR** attempts compared to one suicide for every 20 attempts for all other age groups.

**20:1**



Seventy-five percent who took their life visited their PCP within 30 days

Depression was undiagnosed in fifty percent of the seniors who took their life.



Ref: Life Senior Services  
[http://www.lifeseniorservices.org/seniorline/10\\_Facts\\_About\\_Mental\\_Health\\_and\\_Aging.asp](http://www.lifeseniorservices.org/seniorline/10_Facts_About_Mental_Health_and_Aging.asp)  
NIH (National Institutes of Health) Sept 28, 2011  
US National Library of Medicine/National Institutes of Health, April 21, 2017

The Behavioral Response Evaluation (BRE) program assesses higher-risk patients for mental and behavioral disorders such as depression, addiction, harmful actions, and cognitive decline. Because of the high comorbidity rates between chronic pain and depression, these patients are at higher risk for potential harm. BRE's validated program provides physicians with third-party documentation against tort-liability exposure.

# Prescription Opioid Overdose: Know the Facts

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Drug overdose-related deaths have quadrupled among seniors in the last 20 years in the United States.

The Hill - April 2023

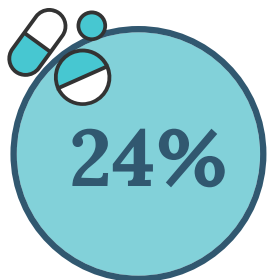
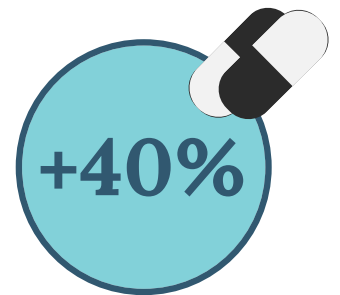


More than 115 people die every day from opioid overdoses in the U.S.

Source: The National Institute for Drug Abuse

More than 40% of opioid overdose-related deaths in the United States involved prescription opioids.

Source: Centers for Disease Control & Prevention

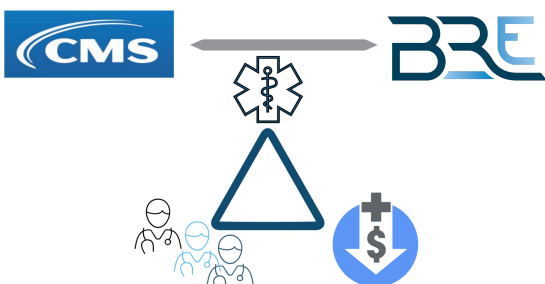


Opioids represent the highest percentage of all medication-related malpractice claims.

Source: Coverys, Inc.

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## An Integrative Collaborative Approach to Behavioral Healthcare



BRE's collaborative care approach to behavioral health supports CMS's goals for success in achieving the "triple aim" of improving access to care, improving quality and outcomes of care, and reducing total healthcare costs. The BRE program allows physicians to comprehensively utilize these new services without using their staff and without upfront costs.